



## Canteen Menu - 2025

### Toasted Sandwiches:

Gluten free option available (extra \$1.00)

- Cheese \$5.00
- Ham and cheese \$5.50
- Ham, cheese and tomato \$5.50
- Chicken and cheese \$5.50
- Chicken, cheese and tomato \$5.50
- Chicken and avocado \$5.50
- Ham, cheese and pineapple \$5.50

### Turkish Fresh (hot):

- Caesar dressing, chicken, lettuce, bacon, cheese \$6.50
- Chicken with sweet chilli sauce \$6.50
- Ham, cheese, tomato \$6.50
- Falafel, hummus, tabouli, cucumber, lettuce \$6.50
- Salad, lettuce, cheese, carrot, tomato, cucumber, capsicum \$6.50
- Ham, lettuce, tomato, cheese, carrot, cucumber, avocado \$6.50

**Salads:** small \$5.50    large \$6.50

- Greek salad (Cucumber, tomato, Spanish onion, capsicum, olives, feta, lettuce)
- Chicken Caesar salad (Chicken, lettuce, bacon, parmesan, cheese croutons)
- Chicken and Tabouli salad (Tabouli, chicken or falafel, grated carrot, cucumber, hummus, homemade pita crackers)
- Garden salad (Lettuce, tomato, cucumber, onion, carrot, cheese)

### Sandwiches fresh:

Breads – white, whole meal, multigrain

Gluten free available extra - \$1.00

- Ham, cheese, tomato \$6.00
- Salad \$5.50

- Cheese \$5.00
- Egg, lettuce \$5.50
- Chicken and avocado \$5.50
- Chicken, lettuce and mayonnaise \$5.50
- Chicken, tabouli and hummus \$5.50
- Ham and avocado \$5.50

**Fresh Wraps:** Single wrap - \$5.50      Double - \$10.00

- Chicken Caesar
- Chicken, cheese and sweet chilli sauce

**Hot Food:**

- Lean beef pie \$5.00
- Lean sausage roll \$5.50
- Spinach Ricotta Roll \$5.50
- Garlic bread \$2.50

**Burgers:**

- Grilled chicken, lettuce, mayonnaise \$7.00
- Cheeseburger \$7.00
- Beef patty, cheese, sauce \$7.00
- Beef, cheese, BBQ sauce, tomato, beetroot, lettuce \$7.50
- Vegetarian burger \$7.50  
(Vegetarian patty, lettuce, tomato, beetroot, cheese optional, BBQ or tomato sauce)

**Snacks:**

- Red rock chips – honey soy, salt ‘n’ vinegar, sweet chilli, sea salt \$3.00
- Seaweed pack \$3.00
- Doritos – supreme cheese \$3.00
- Veggie Chips \$3.00
- Chocolate Chip Cookie \$4.50
- Lamington \$2.50
- Muffins:
  - Choc Chip \$4.50
  - Fruit \$4.50
- Banana Bread \$5.00
- Cheese & Cracker pack \$3.50
- Chocolate Paddle Pop \$4.00
- Crispy Fruits \$3.00
- Fresh Fruit Salad – large \$5.50
- Fresh Fruit Salad – small \$4.50
- Fruit:
  - Orange \$1.50
  - Red Apple \$1.50

- Watermelon bowl – small \$4.50
- Watermelon bowl – large \$5.50
- Popcorn snack packs \$3.30
- Tomato Sauce \$0.50
- BBQ Sauce \$0.50

**Frozen treats:**

- Moosies Chocolate Bluemoon \$3.00
- Lemonade icy pole \$3.00
- Cyclone Twist Icy Pole \$3.00
- Zooper Dooper \$1.50

**Drinks:**

- East Coast Fresh Juice – 400ml \$4.50
- Juice Bomb \$3.50
- Flavoured milk - small \$3.50
- Flavoured milk – large \$5.00  
*Chocolate, strawberry, iced coffee, vanilla, Ice Break coffee*

**Daily Hot specials - \$7.00**

*Two are offered each day – please see QuickCliq*

**Allergy's**

*Include allergy information in the instructions section when placing orders*

**Placing Orders**

*You can order online any time up to one week in advance. Daily orders need to be submitted by 7.30am.*